



New Life Awakening Retreat *Kundalini Kriya Yoga*



24.–26.05.2019

Leuther Mühle
Hinsbecker Str. 34
41334 Nettetal, Germany

Dear participant,

In 2019, Yogiraj SatGurunath Siddhanath will return to Germany for a Kriya Yoga Retreat. For the first time the retreat will take place in the seminar house Leuther Mühle in Nettetal. The team of the Hamsa Yoga Sangh Germany has designed the program so that there is plenty of time for both beginners and advanced students to learn or consolidate the techniques of Kriya Yoga and Surya Yoga. The program is completed by common mantra singing and drumming.

Experience your own truth through the Master's guidance. Meet our community and take the opportunity to share with other Hamsas.

In the name of the Master, we cordially invite you to spend a wonderful and inspiring time in the Leuther Mühle and to learn from an enlightened Kriya Yoga Master.



The goal of Kriya Yoga practice is the final union with the highest divine in you. The constant practice of the learned Kriya techniques accelerates your evolutionary process. Through the energy transmissions of Master **Shaktipat** and **Pranapat** your spiritual development is accelerated and supported. As every year, Gurunath will share his Samadhi, giving us the experience of his soul consciousness through **Shivapat**.

Effects of Kundalini Kriya Yoga and participating in the retreat with the Master:
Experience Yogiraj's healing and bliss as thousands have before you.

- ∞ Restoration of physical vitality
- ∞ Elimination of emotional suffering
- ∞ Enhancement of creativity and intellectual insight
- ∞ Absorb the deepest realities of the soul in you

During the retreat, there is room and time for personal questions to the Master and the opportunity to meditate in his presence. Participants without Kriya initiation will receive it as part of the retreat.

We look forward to a fulfilling event of light, love, truth and joy, at the mercy of an enlightened Himalayan Nath yogi.

Program

In the satsangs, Gurunath will answer questions and initiate the sacred Kriya Yoga techniques. The Surya Yoga and Kriya Yoga techniques are taught and consolidated by experienced Hamsa and Kriyacharyas. Throughout the retreat, through the presence of the Master, an energy transfer takes place that helps us to realize our true nature.

Friday

ab 15:00 Arrival
18:00-19:00 Dinner
19:30-21:00 Introduction, Mantra-singing, Earth Peace Meditation
 Satsang with Gurunath
from 21 Uhr open, homely evening

Saturday

07:45-8:30 Asanas/short meditation
08:00-09:00 Breakfast
09:15-10:00 Surya Yoga
10:15- 10:45 Kriya Technique – revision
11:00-13:00 Satsang with Gurunath (Kriya-technique)
13:00-14:30 Lunch
14:30-15:00 Introduction of the Siddhanath Forest Ashram in India
15:00-16:00 Kriya- Techniques – revision with Acharyas
16:30-18:30 Satsang with Gurunath at the lake
from 19:00 Dinner with open, homely evening

Sunday

07:45- 8:30 Surya Yoga
08:00-09:00 Breakfast
09:30-10:30 Kriya Techniques – revision with Acharyas
11:00-13:00 Satsang with Gurunath (Kriya-technique)
13:00-14:00 Lunch
14:45-15.45 Kriya-Technique – revision with Acharyas
16:00-17:30 Satsang with Gurunath
Departure

Important note: Planning is only partially possible in the presence of Gurunath. Experience has shown that spontaneous plan changes can be expected.

Fees and registration

The participation fee is 595,- €. Without accommodation and meals (see info below).

The participation fee includes the workshop program, script and CD and, if desired, child care for children over the age of 4 from Saturday afternoon.

IMPORTANT: The invoices will be sent one week after registration.

Please use the following link for your registration:

<http://www.siddhanath.de/kriya-yoga-retreat-2019/>

If you have any questions, please contact Klaudius Kania by e-mail to klaudius@siddhanath.de or by phone (Thursday, 9:00 pm to 10:00 pm): +49 (0) 152-27460722

For children up to 12 years no seminar fees, but only accommodation costs. For this please contact the team of the Leuther Mühle. From 12 years, the seminar fee is € 297.50. There will be child care from Saturday afternoon. Please log them in the registration form if necessary.

The cancellation conditions can be found in the [terms and conditions](#).

The seminar fee (accommodation and meals) is not included in the participation fee.

The overnight stay is booked directly by the Leuther Mühle via the following link:

[Link to the reservation system of the Leuther Mühle](#)

The cost of the night depends on the selected room category.

Please book two nights (Fri., May 24th – Sun., May 26th, 2019). Included are meals from Friday evening to Sunday lunch and tea breaks.

The participants will receive a separate bill for the overnight stay from the Leuther Mühle, which will be transferred to the seminar house itself.

The existing rooms in the seminar house are limited. The room requests can only be considered conditionally.

There is the possibility of staying externally, e.g. in a hotel in Nettetal, to stay overnight.

Participants who do not stay overnight in the seminar house, but want a meal, please clarify the costs themselves with the seminar house.

IMPORTANT: If possible, wear white (light) clothes and bring slippers (do not wear street shoes in the house).

Venue

The seminar house Leuther Mühle in Nettetal on the Lower Rhine near the Hinsbecker Bruch and is managed by Marta Skegina and Ludger Schäpertöns. The Leuther Mühle team is very pleased that this year for the first time the retreat with Yogiraj Gurunath Siddhanath will take place there.

More information about the seminar house Leuther Mühle you can find at <https://leuther-muehle.de/international/>.

Travel information

Address: Hinsbecker Str. 34, 41334 Nettetal

...by car coming from the A61 direction Venlo:

- Take exit 2 (Kaldenkirchen) from the A61.
- Follow the B221 towards Kaldenkirchen / Straelen / Leuth for about 4 km.
- Turn right into Hinsbecker Straße and follow it for about 900 m until Hinsbecker Straße makes a left turn. Turn right here and the Leuther Mühle is about 40 meters on the right.

...by car from coming the A40 direction Venlo:

- Leave the A40 at exit 2 (Straelen) onto the B221 in the direction of Nettetal.
- Stay on the B221 for 6.2 km and then turn left onto Hinsbecker Straße.
- Follow Hinsbecker Straße for approx. 900 m and then turn left in a right-hand bend. The Leuther Mühle is then after 40 m on the right side.

...by public transport:

- The nearest airports are Düsseldorf (DUS) and Düsseldorf / Niederrhein (NRN).
- Take the train to Kaldenkirchen train station.
- From there you can take a taxi or the bus. We recommend the company Taxi Kurdi (02153-5050); with them we have a special price (7.50 Euro) agreed.
- Alternatively take the bus (line 095 direction Lobberich Doerkesplatz, Nettetal) to the stop Hinsbeck Schlöp (4 stops, 6 min). After disembarking, cross the street and walk back about 7 minutes to the seminar house.

